## **CHS Dance Tryouts 2020-2021**

## **Preferred Skills**

(open to any and all skills and variations)

- Leg hold/Leg hold turn/Leg extensions
- Right/Left scale
- Splits (right and left)
- All variations of jumps:
  - Toe touch
  - Amazon
  - Surprise leap
  - Hurdler
- All variations of leaps:
  - Split leaps (right and left)
  - Switch tilt
  - Switch 2<sup>nd</sup>
  - Turning disc
  - Switch arabesque
  - Calypso
- All variations of pirouettes (minimum double)
- Kip up
- All variations of headspring
- Headstand skill (headspring out of it, quarter turn or half turn, etc.)
- Rose plop
- All variations of aerials
- One-handed or two-handed front handsprings
- All variations of a la seconde turn sequences:
  - Changing spots
  - Single counts
  - Floating turns
  - Pirouettes

## **Tryout Information:**

Due to COVID-19, we are unable to host a tryout until we receive further instructions from TSSAA and Collierville Schools. Please follow us on Instagram @colliervillehsdance and Twitter @chs\_pom for the most up-to-date information. We look forward to seeing you show off your skills soon!